

Celebrate With Me



Gary Mittendorf

Arbors at Delaware
Region 7, Area 34
Delaware, OH



Pictured with Gary: Amie Beros, DOR, Kim Hogan, PTA, Jen Kaser COTA, Jessica Berry, SLP

**Congratulations
Arbors at Delaware
Team!!**



Path to Success.....

Gary Mittendorf is an inspiring 72 year old man. He is a decorated Vietnam Marine Veteran with a Bronze Star Medal and a Navy Commendation Medal with Combat Valor and can tell many stories of bravery and anguish related to his days in the marines. He was admitted to Arbors at Delaware after being in and out of hospitals and skilled rehab centers since February of this year due to multiple medical problems including colon cancer (diagnosed in March), hemicolectomy, CHF and 6 different surgeries that were a part of the hospitalizations. Gary also had a history of Parkinson's disease due to Agent Orange exposure while in Vietnam. In his various skilled rehab stays, he had given his best efforts yet struggled to regain his functional abilities. He also struggled with the diagnosis of colon cancer he received earlier in the year since his wife had passed away from the same disease.

Upon evaluation by Physical, Occupational and Speech Therapy Gary required max A for all basic ADL tasks, mod to max A for all transfers/bed mobility, was unable to ambulate and had difficulty with his vocal intensity and intelligibility. The therapists could tell how motivated Gary was by his strong desire to attend his treatment sessions as well as he had a goal of attending the Marine Ball that would be happening within the next few months. After weeks of working 5 days a week with all three disciplines, Gary met his goals for ST with articulation and had improved vocal intensity. He also met his goals of being able to ambulate 200+ feet with a rolling walker, completing transfers and ADL tasks with contact guard to supervision assist with PT and OT. Although Gary was physically capable, he unfortunately was unable to attend the Marine Ball due to complications that arose from his colostomy.

Regardless of his disappointment of not being able to attend the Ball, Gary was very pleased with his progress and sought out the COAD for this center on a day when she was on site. He discussed with her his positive experience with the therapy team at Arbors at Delaware. He told her that they had been the most caring, kind and dedicated group of therapists he had met!

Gary gives kudos to the therapy staff, however this is what they have to say about him: *"Whether listening to his stories about his wife, or having him tell you about the 19 year old marine he watched die in his arms, you will be absolutely intrigued with anything this amazing man has to say. After all the heartache and tough experiences Gary has endured, he has overcome his sadness and proudly displays an attitude of positivity, excellent humor, and inspiring kindness."*

Test/Measure	Evaluation	Discharge
Transfers	Mod A	Supervision
Ambulation	unable	Supervision
30 second chair rise	unable	7 reps
PPME	1/12	6/12
MBI	35/100	73/100
NOMS	5/7	6/7